

# La Vida Life Counseling Center

Phone (714) 883-9156 Email [info@lavidalcc.com](mailto:info@lavidalcc.com) [www.lavidacounselingcenter.com](http://www.lavidacounselingcenter.com)

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## Consent of Treatment

Welcome!

Here at Luisa Contreras Family Therapy Inc./ La Vida Life Counseling Center, we are a dedicated team of professionals working to ensure your quality service. Treatment will be provided by (Therapist's Name and License(s) Information) \_\_\_\_\_;  
\_\_\_\_\_;  
registered with the Board of Behavioral Sciences.

I, (Client's Name) \_\_\_\_\_ authorize and request that (Therapist's Name and License(s) Information) \_\_\_\_\_;  
\_\_\_\_\_ to perform assessment, diagnosis, and treatment which now or during the course of my therapy are advisable. The frequency and type of treatment will be decided by my therapist and me. I understand the purpose of these procedures will be explained to me and be subject to my verbal agreement. I understand that there is an expectation that I will benefit from psychotherapy, as there is no guarantee that this will occur. I understand that maximum benefit will occur with consistent attendance and that at times I may feel conflicted about my therapy, as the process can sometimes be uncomfortable.

I certify that I have read and fully understand this Consent of Treatment, I agree to be treated (or my child) by the therapist mentioned above.

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\_\_\_\_\_  
Name of Client

\_\_\_\_\_  
Name of Parent/Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent /Guardian Signature

\_\_\_\_\_  
Witness/Therapist/Interpreter

\_\_\_\_\_  
Date

Preferred Name of Client: \_\_\_\_\_

Name of Client: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

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## Consent for Treatment of Minor(s) & Others

I (Name of Parent/Guardian) \_\_\_\_\_ give my consent that (Therapist's Name and License(s) Information) \_\_\_\_\_; will be conducting psychotherapy with (Name of Client) \_\_\_\_\_, my relationship to the client (parent, uncle, etc.): \_\_\_\_\_. I was notified that the holder of the privilege is (parent, guardian, etc.): \_\_\_\_\_.

I was also notified that all material discussed during the psychotherapy sessions is confidential and can be released only with the permission of the holder of the privilege. I have been informed of the limitation to confidentiality in the Office Policies form, which I have read and signed.

In the case of a minor, special sensitivity may be required in releasing information about certain topics such as drugs and sex. I will accept the therapist judgment in regard to releasing or sharing information obtained during the course of psychotherapy with the minor that may endanger or jeopardize the client's wellbeing.

\_\_\_\_\_  
Name of Client

\_\_\_\_\_  
Name of Parent/Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Witness/Therapist/Interpreter

\_\_\_\_\_  
Date

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## Physician-Client Arbitration Agreement

**Article 1: Agreement to Arbitrate:** It is understood that any dispute as to medical malpractice, that is as to whether any medical services rendered under this contract were unnecessary or unauthorized or were improperly, negligently or incompletely rendered, will be determined by submission to arbitration as provided by California law, and not by a lawsuit or resort to court process except as California law provides for judicial review of arbitration proceeding. Both parties to this contract, by entering into it, are giving up their constitutional rights to have any such dispute decided in a court of law before a jury, and instead are accepting the use of arbitration.

**Article 2: All Claims Must be Arbitrated:** It is the intention of the parties that this agreement bind all parties whose claims may arise out of or relate to treatment or service provided by the physician including any spouse or heirs of the patient and any children, whether born or unborn, at the time of the occurrence, giving rise to any claim. In the case of any pregnant mother, the term "patient" herein shall mean both the mother and the mother's expected child or children. All claims for monetary damages exceeding the jurisdictional limit of the small claims court against the physician, and the physicians partner, associates, association, corporation or partnership, and the employees, agents and estates of any of them, must be arbitrated including, without limitation, claims for loss of consortium, wrongful death, emotional distress or punitive damages. Filing of any action in any court by the physician to collect any fee from the patient shall not waive the right to compel arbitration of any malpractice claim.

**Article 3: Procedures and Applicable Law:** A demand for arbitration must be communicated in writing to all parties. Each party shall select an arbitrator (party arbitrator) within thirty days and a third arbitrator (neutral arbitrator) shall be selected by the arbitrators appointed by the parties within thirty days of a demand for a neutral arbitrator by either party. Each party to the arbitration shall pay such party's pro rata share of the expenses and fees of the neutral arbitrator; together with other expenses of the arbitration incurred or approved by the neutral arbitrator, not including counsel fees or witness fees, or other expenses incurred by a party for such party's own benefit. The parties agree that the arbitrators have the immunity of a judicial officer from civil liability when acting in the capacity of arbitrator under this contract. This immunity shall supplement, not supplant, any other applicable statutory or common law. Either party shall have the absolute right to arbitrate separately the issues of liability and damages upon written request to the neutral arbitrator. The parties consent to the intervention and joinder in this arbitration of any person or entity which would otherwise be a proper additional party in a court action, and upon such intervention and joinder any existing court action against such additional person or entity shall be stayed pending arbitration. The parties agree that provisions of California law applicable to health care providers shall apply to disputes within this arbitration agreement, including, but not limited to, Code of Civil Procedure Sections 340.5 and 667.7 and Civil Code Sections 3333.1 and 3333.2. Any party may bring before the arbitrators a motion for summary judgment or summary adjudication in accordance with the Code of Civil Procedure. Discovery shall be conducted pursuant to Code of Civil Procedure Section 1283.05, however, depositions may be taken without prior approval of the neutral arbitrator.

**Article 4: General Provisions:** All claims based upon the same incident, transaction or related circumstances shall be arbitrated in one proceeding. A claim shall be waived and forever barred if (1) on the date notice thereof is received, the claim, if asserted in a civil action, would be barred by the applicable California statute of limitations or (2) the claimant fails to pursue the arbitration claim in accordance with the procedures prescribed herein with reasonable diligence. With respect to any matter not herein expressly provided for, the arbitrators shall be governed by the California Code of Civil Procedure provisions relating to arbitration.

**Article 5: Revocation:** This agreement may be revoked by written notice delivered to physician within 30 days of signature. It is the intent of this agreement to apply to all medical services rendered any time for any condition.

**Article 6: Retroactive Effect:** If patient intends this agreement to cover services rendered before the date it is signed (including, but not limited to, emergency treatment) patient should initial below:

Effective as of the date of first medical services

\_\_\_\_\_  
Parent/Guardian Initials

If any provision of this arbitration agreement is held invalid or unenforceable, the remaining provisions shall remain in full force and shall not be affected by the invalidity of any other person.

I understand that I have the right to receive a copy of this arbitration agreement. By my signature below, I acknowledge that I have received a copy.

**NOTICE: BY SIGNING THIS CONTRACT YOU ARE AGREEING TO HAVE ANY ISSUE OF MEDICAL MALPRACTICE DECIDED BY NEUTRAL ARBITRATION AND YOU ARE GIVING UP YOUR RIGHT TO A JURY OR COURT TRIAL. SEE ARTICLE 1 OF THIS CONTRACT.**

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Name of Parent/Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Client Name

\_\_\_\_\_  
Physician or Authorized Representative Signature

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## Client Information

Name: \_\_\_\_\_ Mi: \_\_\_\_\_ Last Name: \_\_\_\_\_  
Sexual Orientation:  Heterosexual  Homosexual  Bisexual  Prefer not to say  Other \_\_\_\_\_  
Gender:  Female  Male  Transgender  Non Binary  Prefer not to say  Other \_\_\_\_\_  
Preferred pronouns:  She  He  Hers  His  They  Other \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
(MM / DD / YYYY)  
Phone Number: \_\_\_\_\_ Email Address: \_\_\_\_\_  
Do you authorize to receive communications via email address:  Yes  No  
Address: \_\_\_\_\_ Apt #: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

## Client School Information

Name of School: \_\_\_\_\_ Grade: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Phone Number: \_\_\_\_\_

## Parent/Guardian Information

Name: \_\_\_\_\_ Relation: \_\_\_\_\_  
Phone Number: \_\_\_\_\_ Do You Have Legal Custody?:  Yes  No  Temporary  
Employer: \_\_\_\_\_ Phone Number: \_\_\_\_\_

## Please Fill Out If Applicable

Social Worker: \_\_\_\_\_ Phone Number: \_\_\_\_\_  
Foster Agency: \_\_\_\_\_ Phone Number: \_\_\_\_\_

## In Case of Emergency

Name of Friend or Relative: \_\_\_\_\_  
Relation: \_\_\_\_\_ Phone Number: \_\_\_\_\_

## Insurance Information

Medi-Cal  Medicare  Cigna  None  Kaiser (Hmo)  Other: \_\_\_\_\_  
Primary Insurer: \_\_\_\_\_ Phone Number: \_\_\_\_\_  
Insurance Company Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Policy #: \_\_\_\_\_ Group #: \_\_\_\_\_

## Direct Victim's Information

Name: \_\_\_\_\_ Mi: \_\_\_\_\_ Last Name: \_\_\_\_\_  F  M  
Date Of Birth: \_\_\_\_\_ Phone Number: \_\_\_\_\_  
Address: \_\_\_\_\_ Apt #: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

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## Ethnic Origin

The following information is voluntary for the patient receiving treatment at *Luisa Contreras Family Therapy, Inc. / La Vida Life Counseling Center* and is used for statistical purposes only

### **At least one category must be marked:**

- Asian (Specify): \_\_\_\_\_
- African American
- Caucasian
- Native American
- Hispanic/Latino(A)
- Other: \_\_\_\_\_

### **Mark at least one category if you are hispanic/latinx:**

- Cuban
- Mexican/Chicano (A)
- Puertorican
- Other Hispanic/Latino(A): \_\_\_\_\_

### **Primary Language:**

- English
- Spanish
- Other: \_\_\_\_\_

## **Assignment Of Benefits**

I hereby authorize *Luisa Contreras Family Therapy, Inc. / La Vida Life Counseling* to furnish my psychological records to my insurance carrier(s) concerning treatment, relative to the treatment and/or evaluations received, and I hereby irrevocably assign all payments for services rendered. I understand that I am financially responsible for the said services rendered should insurance deny payment in regards to same (services).

I understand that notwithstanding all of the above, payee(s) understands that same (client) is not relieved of its personal responsibility for all such charges in the event there is no recovery or if the recovery is insufficient to satisfy such charges. A copy of this authorization shall be considered s the original.

I have answered all questions to the best of my knowledge, and have read and fully understand this Assign of Benefits Form.

\_\_\_\_\_  
Name of Client

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Name of Parent/Guardian

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## Children's Problem Checklist

CURRENT SIGNS AND SYMPTOMS: (Please mark EACH category)	None	Mild	Moderate	Severe
	0	1	2	3
Frequently seems anxious or tense	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cries easily or often	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Worries a lot	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Is overly dependent	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Needs to be reassured frequently	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Feelings are easily hurt	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Feels guilty to easily or too often	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Feels inferior	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Is easily embarrassed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Has many tears	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Refuses to sleep alone	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Seems uncomfortable in new situations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Is easily upset	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Seems withdrawn or spends a lot of time alone	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Has trouble relaxing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Talks often about death or injury	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bullies other children	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Does not share with other children	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Has trouble making friends	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Is shy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Does not finish homework	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Does not like school	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Is a discipline problem at school	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Is easily distracted	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Acts impulsively	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Has difficulty following rules	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Has a bad temper	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Is defiant	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Is irresponsible	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Frequently lies	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Has frequent Nightmares	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	SCORE	_____	_____	_____
	<b>TOTAL SCORE:</b>	_____		

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## Patient Policies

By signing below you are acknowledging that you have received, read, and agree to Luisa Contreras' Family Therapy/La Vida Life Counseling Center's:

### **HIPPA Notice of Practices (attached)**

\_\_\_\_\_ Initials I hereby acknowledge the receipt of the Notice of Privacy Practices. A personal copy of the Privacy Practices will be available per my request.

### **Communication, Social Media, Confidentiality and Exceptions to Confidentiality**

\_\_\_\_\_ Initials I hereby acknowledge the receipt of the Communication, Social Media, Confidentiality and Exceptions to Confidentiality form. A personal copy will be available per my request.

### **CALVCB Authorization to Release Confidential Records & Information**

\_\_\_\_\_ Initials I hereby acknowledge the receipt of the Authorization to Release Confidential Records & Information. A personal copy will be available per my request.

Claim Number \_\_\_\_\_ (if available)

The name(s), date(s) of birth, and social security number(s), if available, of my minor child(ren), for whom I have authorized release information A personal copy of the Privacy Practices will be available per my request., are:

\_\_\_\_\_ This authorization shall be valid for three years from the date of this signed release form. I understand that I have a right to receive a copy of this authorization.

Today's Date: \_\_\_\_\_

### **CALVCB Other Services Provided**

\_\_\_\_\_ Initials I certify that I have received and read the services offered by CalVCB and its limitations. A personal copy will be available per my request.

\_\_\_\_\_ Parent/Guardian Signature

\_\_\_\_\_ Name of Parent/Guardian

\_\_\_\_\_ Date

\_\_\_\_\_ Name of Client

\_\_\_\_\_ Date of Birth

### **Use or Disclosure of Personal Health Information Authorization**

I authorize the release of my patient/client health information to the following personal contacts (spouse, child, assistant, etc.). I understand it is my responsibility to notify Luisa Contreras Family Therapy Inc./La Vida Life Counseling Center of any changes in the information below.

_____ Name	_____ Relationship	<input type="checkbox"/> Appointment Info
		<input type="checkbox"/> Treatment Info
		Phone #: _____
_____ Name	_____ Relationship	<input type="checkbox"/> Appointment Info
		<input type="checkbox"/> Treatment Info
		Phone #: _____

I understand that, as set forth in the facility's Privacy Practice Notice, I have the right to revoke this authorization, in writing, at any time by sending written notification to: Luisa Contreras Family Therapy Inc, 162 N. Glassell Street, Suite C, Orange, Ca. 92866