

# La Vida Life Counseling Center

Phone (714) 883-9156

Email [info@lavidalcc.com](mailto:info@lavidalcc.com)

[www.lavidacounselingcenter.com](http://www.lavidacounselingcenter.com)

## Consent of Treatment

Welcome!

Here at Luisa Contreras Family Therapy Inc./ La Vida Life Counseling Center, we are a dedicated team of professionals working to ensure your quality service. Treatment will be provided by (Therapist's Name and License/s Information) \_\_\_\_\_

\_\_\_\_\_;  
registered with the Board of Behavioral Sciences.

I, (Client's Name) \_\_\_\_\_ authorize  
and request that (Therapist's Name and License/s Information) \_\_\_\_\_

\_\_\_\_\_;  
to perform assessment, diagnosis, and treatment which now or during the course of my therapy are advisable. The frequency and type of treatment will be decided by my therapist and me. I understand the purpose of these procedures will be explained to me and be subject to my verbal agreement. I understand that there is an expectation that I will benefit from psychotherapy, as there is no guarantee that this will occur. I understand that maximum benefit will occur with consistent attendance and that at times I may feel conflicted about my therapy, as the process can sometimes be uncomfortable.

I certify that I have read and fully understand this Consent of Treatment, I agree to be treated  
(or my child) by the therapist mentioned above.

\_\_\_\_\_  
Name of the Client

\_\_\_\_\_  
Date

\_\_\_\_\_  
Client Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness/Therapist/Interpreter

\_\_\_\_\_  
Date

Preferred Name of Client: \_\_\_\_\_

Name of Client: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

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## Physician-Client Arbitration Agreement

**Article 1: Agreement to Arbitrate:** It is understood that any dispute as to medical malpractice, that is as to whether any medical services rendered under this contract were unnecessary or unauthorized or were improperly, negligently or incompletely rendered, will be determined by submission to arbitration as provided by California law, and not by a lawsuit or resort to court process except as California law provides for judicial review of arbitration proceeding. Both parties to this contract, by entering into it, are giving up their constitutional rights to have any such dispute decided in a court of law before a jury, and instead are accepting the use of arbitration.

**Article 2: All Claims Must be Arbitrated:** It is the intention of the parties that this agreement bind all parties whose claims may arise out of or relate to treatment or service provided by the physician including any spouse or heirs of the patient and any children, whether born or unborn, at the time of the occurrence, giving rise to any claim. In the case of any pregnant mother, the term "patient" herein shall mean both the mother and the mother's expected child or children. All claims for monetary damages exceeding the jurisdictional limit of the small claims court against the physician, and the physicians partner, associates, association, corporation or partnership, and the employees, agents and estates of any of them, must be arbitrated including, without limitation, claims for loss of consortium, wrongful death, emotional distress or punitive damages. Filing of any action in any court by the physician to collect any fee from the patient shall not waive the right to compel arbitration of any malpractice claim.

**Article 3: Procedures and Applicable Law:** A demand for arbitration must be communicated in writing to all parties. Each party shall select an arbitrator (party arbitrator) within thirty days and a third arbitrator (neutral arbitrator) shall be selected by the arbitrators appointed by the parties within thirty days of a demand for a neutral arbitrator by either party. Each party to the arbitration shall pay such party's pro rata share of the expenses and fees of the neutral arbitrator; together with other expenses of the arbitration incurred or approved by the neutral arbitrator, not including counsel fees or witness fees, or other expenses incurred by a party for such party's own benefit. The parties agree that the arbitrators have the immunity of a judicial officer from civil liability when acting in the capacity of arbitrator under this contract. This immunity shall supplement, not supplant, any other applicable statutory or common law. Either party shall have the absolute right to arbitrate separately the issues of liability and damages upon written request to the neutral arbitrator. The parties consent to the intervention and joinder in this arbitration of any person or entity which would otherwise be a proper additional party in a court action, and upon such intervention and joinder any existing court action against such additional person or entity shall be stayed pending arbitration. The parties agree that provisions of California law applicable to health care providers shall apply to disputes within this arbitration agreement, including, but not limited to, Code of Civil Procedure Sections 340.5 and 667.7 and Civil Code Sections 3333.1 and 3333.2. Any party may bring before the arbitrators a motion for summary judgment or summary adjudication in accordance with the Code of Civil Procedure. Discovery shall be conducted pursuant to Code of Civil Procedure Section 1283.05, however, depositions may be taken without prior approval of the neutral arbitrator.

**Article 4: General Provisions:** All claims based upon the same incident, transaction or related circumstances shall be arbitrated in one proceeding. A claim shall be waived and forever barred if (1) on the date notice thereof is received, the claim, if asserted in a civil action, would be barred by the applicable California statute of limitations or (2) the claimant fails to pursue the arbitration claim in accordance with the procedures prescribed herein with reasonable diligence. With respect to any matter not herein expressly provided for, the arbitrators shall be governed by the California Code of Civil Procedure provisions relating to arbitration.

**Article 5: Revocation:** This agreement may be revoked by written notice delivered to physician within 30 days of signature. It is the intent of this agreement to apply to all medical services rendered any time for any condition.

**Article 6: Retroactive Effect:** If patient intends this agreement to cover services rendered before the date it is signed (including, but not limited to, emergency treatment) patient should initial below:

Effective as of the date of first medical services

\_\_\_\_\_ Client Initials

If any provision of this arbitration agreement is held invalid or unenforceable, the remaining provisions shall remain in full force and shall not be affected by the invalidity of any other person.

I understand that I have the right to receive a copy of this arbitration agreement. By my signature below, I acknowledge that I have received a copy.

**NOTICE: BY SIGNING THIS CONTRACT YOU ARE AGREEING TO HAVE ANY ISSUE OF MEDICAL MALPRACTICE DECIDED BY NEUTRAL ARBITRATION AND YOU ARE GIVING UP YOUR RIGHT TO A JURY OR COURT TRIAL. SEE ARTICLE 1 OF THIS CONTRACT.**

\_\_\_\_\_  
Client Signature

\_\_\_\_\_  
Name of Client

\_\_\_\_\_  
Date

\_\_\_\_\_  
Physician or Authorized Representative Signature

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## Client Information

First Name: \_\_\_\_\_ Mi: \_\_\_\_ Last Name: \_\_\_\_\_

Sexual Orientation:  Heterosexual  Homosexual  Bisexual  Prefer not to say  Other \_\_\_\_\_

Gender:  Female  Male  Transgender  Non Binary  Prefer not to say  Other \_\_\_\_\_

Preferred pronouns:  She  He  Hers  His  They  Other: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email Address: \_\_\_\_\_

Do you authorize to receive communications via email?  Yes  No

Address: \_\_\_\_\_ Apt #: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Marital Status:  Married  Single  Divorced  Separated  Widowed  Other  Prefer to not say

Spouse Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

## Employer Information

Name of Employer: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Phone Number: \_\_\_\_\_

## In Case of Emergency

Name of Friend or Relative: \_\_\_\_\_

Relation: \_\_\_\_\_ Phone Number: \_\_\_\_\_

## Insurance Information

Medi-Cal  Medicare  Cigna  None  Kaiser (Hmo)  Other: \_\_\_\_\_

Primary Insurer: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Insurance Company Name: \_\_\_\_\_

Address: \_\_\_\_\_

Policy #: \_\_\_\_\_ Group #: \_\_\_\_\_

## Ethnic Origin

The following information is voluntary for the patient receiving treatment at *Luisa Contreras Family Therapy, Inc. / La Vida Life Counseling Center* and is used for statistical purposes only

### **At least one category must be marked:**

African American

Caucasian

Native American

Hispanic/Latino(A)

Asian (Specify): \_\_\_\_\_

Other: \_\_\_\_\_

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**Mark at least one category if you are Hispanic/Latino:**

- Cuban
- Mexica /Chicano (A)
- Puerto Rican
- Other Hispanic/Latino(A): \_\_\_\_\_

**Primary Language:**

- English
- Spanish
- Other: \_\_\_\_\_

**Assignment Of Benefits**

I hereby authorize *Luisa Contreras Family Therapy, Inc. / La Vida Life Counseling* to furnish my psychological records to my insurance carrier(s) concerning treatment, relative to the treatment and/or evaluations received, and I hereby irrevocably assign all payments for services rendered. I understand that I am financially responsible for the said services rendered should insurance deny payment in regards to same (services).

I understand that notwithstanding all of the above, payee(s) understands that same (client) is not relieved of its personal responsibility for all such charges in the event there is no recovery or if the recovery is insufficient to satisfy such charges. A copy of this authorization shall be considered s the original.

I have answered all questions to the best of my knowledge, and have read and fully understand this Assign of Benefits Form.

\_\_\_\_\_  
Name of Client

\_\_\_\_\_  
Date

\_\_\_\_\_  
Client Signature

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## Emotional/Behavioral Measurement Scale -Adult

CURRENT SIGNS AND SYMPTOMS: (Please mark EACH category)	None	Mild	Moderate	Severe
	0	1	2	3
Depressed Mood	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hopelessness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Suicidal thinking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Disturbed sleep	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Appetite changes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Psychomotor retardation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Significant weight loss	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Poor Concentration	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Poor Grooming	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Agitation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mood Elated	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mood Swings	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Inappropriate/ Liable affect	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Obsessive thoughts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tension/anxiety	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Fearfulness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Somatization	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Compulsive behavior	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Loose inappropriate associations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Inappropriate speech	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hallucinations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Impaired higher intellectual functions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Impaired judgement	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Long term memory déficit	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Short term memory déficit	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Paranoid ideation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Delusions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hostility	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Violent behavior	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Lawbreaking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Authority conflict	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Disruptive conduct	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Social isolation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dissociative episodes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

SCORE \_\_\_\_\_

**TOTAL SCORE:** \_\_\_\_\_

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## Patient Policies

By signing below, you are acknowledging that you have received, read, and agree to Luisa Contreras' Family Therapy/La Vida Life Counseling Center's:

\_\_\_\_\_ **HIPPA Notice of Practices (attached)**

Initials I hereby acknowledge the receipt of the Notice of Privacy Practices. A personal copy of the Privacy Practices will be available per my request.

\_\_\_\_\_ **Communication, Social Media, Confidentiality and Exceptions to Confidentiality**

Initials I hereby acknowledge the receipt of the Communication, Social Media, Confidentiality and Exceptions to Confidentiality form. A personal copy will be available per my request.

\_\_\_\_\_  
Client Signature

\_\_\_\_\_  
Name of Client

\_\_\_\_\_  
Date

**Use or Disclosure of Personal Health Information Authorization**

I authorize the release of my patient/client health information to the following personal contacts (spouse, child, assistant, etc.). I understand it is my responsibility to notify Luisa Contreras Family Therapy Inc./La Vida Life Counseling Center of any changes in the information below.

\_\_\_\_\_  
Name Relationship  Appointment Info  
 Treatment Info  
Phone #: \_\_\_\_\_

\_\_\_\_\_  
Name Relationship  Appointment Info  
 Treatment Info  
Phone #: \_\_\_\_\_

I understand that, as set forth in the facility's Privacy Practice Notice, I have the right to revoke this authorization, in writing, at any time by sending written notification to: Luisa Contreras Family Therapy Inc./La Vida Life Counseling Center 162 N. Glassell Street, Suite C, Orange, Ca. 92866